



TRI-TOWN COUNCIL

working together for kids

GIRL TALK

Parents are the major influence on the ideas of children before they become teens. However, with the increase of access to information through a variety of sources, it is *critical* to establish good communication early with your pre-teen.

GIRL TALK is a program that brings girls (ages 10-12 in the 5th and 6th grade) together with their mother or another special woman, in a series of workshops designed to increase and nurture positive communication about growth and development. This curriculum is an interactive series of activities where moms and daughters share ideas and begin conversations about the physical, emotional, social and psychological changes girls face as they grow into adolescence.

GIRL TALK consists of four 2 hour sessions. Session one is an adult-only orientation. Adult and pre-teen girl attend the next three sessions together. To get the most out of this program, a commitment must be made to attend all four sessions.

- Dates:** Mondays, November 30th (Adults only); Dec. 7th , Dec. 14th, Dec. 21st
- Time:** 6:30-8:30 PM
- Cost:** \$90.00 (includes materials)
- Place:** Proctor School Music Room, Topsfield

Workshop facilitator is Doreen Harris. A Middleton resident, Mrs. Harris holds a Masters Degree in Public Health and has developed this curriculum as well as implemented the health education program for grades 4-6 at the Howe Manning Elementary School. Mrs. Harris works extensively

Please RSVP to the Tri-Town Council (TTC) office by 11/20/09. Participation is limited and will be on a first-come first-served basis. TTC will run additional Girl Talk workshops depending upon demand. For further information contact Lisa Teichner, TTC Program Director, at 978-887-6512 or at lteichner@tritowncouncil.org.

***** Registration Form *****

Adult Name: _____ Child Name: _____

Phone: _____ Email: _____

Please enclose your check for \$90 payable to:

Tri-Town Council, 49 Main Street, Topsfield MA 01983