



TRI-TOWN COUNCIL

working together for kids

GIRL TALK

Parents are the major influence on the ideas of children before they become teens. However, with the increase of access to information through a variety of sources, it is *critical* to establish good communication early with your pre-teen.

GIRL TALK is a program that brings girls (ages 10-12 in the 5th and 6th grade) together with their mother or another special woman, in a series of workshops designed to increase and nurture positive communication about growth and development. This curriculum is an interactive series of activities where moms and daughters share ideas and begin conversations about the physical, emotional, social and psychological changes girls face as they grow into adolescence.

GIRL TALK consists of four 2 hour sessions. Session one is an adult-only orientation. Adult and pre-teen girl attend the next three sessions together. To get the most out of this program, a commitment must be made to attend all four sessions.

- Dates:** Monday, March 8th (Adults only); Wednesday, March 17th, 24th and 31st
- Time:** 6:30-8:30 PM
- Cost:** \$90.00 (includes materials)
- Place:** Fuller Meadow School Library, Middleton

Workshop facilitator is Doreen Harris. A Middleton resident, Mrs. Harris holds a Masters Degree in Public Health and has developed this curriculum as well as implemented the health education program for grades 4-6 at the Howe Manning Elementary School. Mrs. Harris works extensively with families and young women.

Please RSVP to the Tri-Town Council (TTC) office by 3/3/10. Participation is limited to 12 adult/child couples and will be on a first-come first-served basis. For more information please contact Lisa Teichner, TTC Program Director, at 978-887-6512 or programs@tritowncouncil.org.

***** Registration Form *****

Adult Name: _____ Child Name: _____

Phone: _____ Email: _____

Please enclose your check for \$90 payable to:

Tri-Town Council, 49 Main Street, Topsfield MA 01983