

*Strengthening Social Skills
Spring Workshop Series
For Parents/Guardians & Educators of
Pre-K-3rd Grade Students*

Join author/educator **Stephanie Meegan** in a 4-part series designed for parents, guardians and educators interested in expanding children's social competence and confidence. Each workshop focuses on specific strategies that will help children improve and strengthen their friendship skills.

All workshops will take place in the **Conference Room** at the **Topsfield Public Library**

- **Workshop #1:** *Helping Children Initiate Friendships & Read Social Situations*
Friday, March 5th at 10:30AM
- **Workshop #2:** *Helping Children Defuse Destructive Teasing & Bullying*
Friday, March 12th at 10:30AM
- **Workshop #3:** *Helping Children Move Constructively Through & Beyond Conflicts*
Friday, March 19th at 10:30AM
- **Workshop #4:** *Helping Children Deflect Peer Pressure*
Friday, March 26th at 10:30AM

With realistic, age-appropriate advice, small group discussions and opportunities to practice new skills at home, Stephanie will show you how every child can become more socially capable and resilient.

Ms. Meegan is a Boxford resident and author of nationally acclaimed programs on peer assertiveness, self-esteem and peer pressure.

For maximum flexibility and to accommodate family schedules, you may sign-up for any or all of the workshops.

Please **RSVP** to the Tri-Town Council office by **March 1st** via e-mail programs@tritowncouncil.org or call **978-887-6512**. There is no charge for the workshops, but please sign-up early in order to secure your place in the program.

For more information, please contact Lisa Teichner at lteichner@tritowncouncil.org.