



TRI-TOWN COUNCIL

working together for kids

*Strengthening Social Skills
Winter Workshop Series
January 25, February 1, 15 and 29
For Parents/Guardians & Educators of
Pre-K-6th Grade Students*

Join author/educator **Stephanie Meegan** in a 4-part series designed for parents, guardians and educators interested in expanding children's social competence and confidence. Each workshop focuses on specific strategies that will help children improve and strengthen their friendship skills.

All workshops will take place in the Topsfield Library Meeting Room from 10:30AM-12:00PM.

- **Workshop #1:** *Helping Children Initiate Friendships & Read Social Situations*
Wednesday, January 25th at 10:30AM
- **Workshop #2:** *Helping Children Defuse Destructive Teasing & Bullying*
Wednesday February 1st at 10:30AM
- **Workshop #3:** *Helping Children Move Constructively Through & Beyond Conflicts*
Wednesday February 15th at 10:30AM
- **Workshop #4:** *Helping Children Deflect Peer Pressure*
Wednesday February 29th at 10:30AM

With realistic, age-appropriate advice, small group discussions and opportunities to practice new skills at home, Stephanie will show you how every child can become more socially capable and resilient.

Ms. Meegan is a Boxford resident and author of nationally acclaimed programs on peer assertiveness, self-esteem and peer pressure.

**For maximum flexibility and to accommodate family schedules,
you may sign-up for any or all of the workshops.**

Please RSVP to the Tri-Town Council office by January 20th via e-mail programs@tritowncouncil.org or call (978) 887-6512. There is **NO CHARGE** for the workshops, but please sign-up early to secure your place in the program,

For more information, please contact Lisa Teichner at lteichner@tritowncouncil.org.